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May 2008

Sisters of Notre Dame de Namur

Making known God's goodness

WORDS FROM ST. JULIE

I pray to the good God that he may fill you all with his Holy Spirit. All of you pray for me. –Namur, May 12, 1815.

WHERE ARE WE ON THE JOURNEY

May finds us completing our Easter journey, it is fitting that we are preparing to celebrate the feasts of Pentecost (May 14), the Holy Trinity (May 21) and Corpus Christi (May 28). It is an opportunity for us to reflect on what it means to **be** Church, and an opportunity to pray that the **whole** Church may be open to the movement of the Spirit within us and through us as we seek to continue the mission of Jesus. Ask for the grace to experience the richness of this holy season as you take time with the readings of the Sunday liturgies:

Seventh Sunday of Easter	Acts 1:12-14; Ps 27:1, 4, 7-8; 1 Pt 4:13-16; Jn 17:1-11a
Pentecost Sunday	Acts 2:1-11; Ps 104:1, 24, 29-30, 31, 34; 1 Cor 12:3b-7, 12-13; Jn 20:19-23
Trinity Sunday	Ex 34:4b-6, 8-9; Dn 3:52, 53, 54, 55, 56; 2 Cor 13:11-13; Jn 3:16-18
The Most Holy Body and Blood of Christ	Dt 8:2-3, 14b-16a; Ps 147:12-13, 14-15, 19-20; 1 Cor 10:16-17; Jn 6:51-58

WHERE AM I ON THE JOURNEY?

Read the passages again. In prayer, reflect on the following questions:

Ps 27:1, 4, 7-8	PS 27:1, 4, 7-8 speaks of the human yearning to “seek God’s face.” Where do I find God’s face?
Jn 17:1-11a	I read JN 17:1-11a, allowing Jesus to speak the words directly to my heart. I’m aware of feelings that surface within me. I talk to Jesus about what I’m feeling. I’m attentive to what I need to take to Jesus in prayer.
Acts 2:1-11	I read Acts 2:1-11 allowing myself to enter into the story of Pentecost: seeing and feeling the symbols, interacting with those gathered in the Upper Room. What surfaces through this prayer? I take time to talk to God about the experience.
Ps 104:1, 24, 29-30, 31, 34	I quiet myself for prayer and focus on my breathing...in and out...in and out. How do I experience God’s breath enlivening me, continuing creation within me, renewing me?

[1 Cor 12:3b-7, 12-13](#)

How do I experience the “manifestation of the Spirit” in my life? How do I experience being united, through the Spirit, to others and to God in the Body of Christ?

[Jn 20:19-23](#)

I imagine myself living the words of JN 20:19-23. Where in my life do I need Christ’s peace? Where in my life do I need Christ’s forgiveness? Where in my life do I need to share the gift of forgiveness with those who have hurt me?

[Ex 34:4b-6, 8-9](#)

I pray EX 34:4-6, 8-9 imagining God standing next to me. What do I want to say to God? What does God want to say to me?

[2 Cor 13:11-13](#)

I reflect on 2Cor 13:11-13: how do I, can I, live these words?

[Jn 3:16-18](#)

I take time to reflect on JN 3:16-18. Which words or phrases stand out for me? I hold them in my heart and lift them up to God.

[1 Cor 10:16-17](#)

I take time to pray the words from 1COR 10:16-17. What are the images, feelings, words that surface within me? I talk to God about them and give thanks.

[Jn 6:51-58](#)

I pray JN 6, and allow it to be an opportunity to reflect on my attitudes towards the Eucharist. What do I become aware of? What do I need to take to God? For what do I need to give thanks?

A PRAYER FOR THE SEASON

Come, Holy Spirit, enter into each of us in the fullest way possible. Come, penetrate our minds with the plenitude of your wisdom, that we may see with inspired insight. Come, imbue our spirits with new hope, that we might have the courage to pursue the arduous task of renewing the face of the earth. Come, permeate our hearts with the fullness of your love, that our hearts of stone may be changed into hearts of flesh. Come, Holy Spirit, make your home deep within us. Amen. (*Prayers for Reflective Christians*, p. 193)

Questions or Comments: eMail [Sr. Angele](#)

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Upcoming events:

News for May 2008

See the eFlyer at: <http://ASKanSND.org/Documents/News%for%May.mht>

Novena to the Holy Spirit begins on May 2, 2008. Learn more at <http://askansnd.org/hsn.aspx>

Third trial of the man who ordered and financed the death of Sr. Dorothy Stang SNDdeN will begin on May 5, 2008.

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